

STAKE YOUNG WOMEN'S CAMP 2026 SCHEDULE

ACTIVITY EXPLANATIONS

Morning Rotation Stations (9:30AM -12:30PM)

1. **Station 1 — Cooking Class:** Focused on practical outdoor cooking - dutch oven style.
2. **Station 2 — Crochet Keychain:** Learn basic crochet stitches to complete a small keychain.
3. **Station 3 — Camp Dance:** High-energy ward bonding experience, led by our Youth Camp Leaders (YCLs). Girls learn an upbeat dance to a fun song!
4. **Station 4 — Archery Area:** Certified instructors teach proper bow safety and shooting mechanics. While waiting for their turn, girls participate in general First Aid skills.
5. **Station 5 — North Challenge Course:** A low-ropes course emphasizing communication, trust, and collective problem-solving.
6. **Station 6 — Letter Writing (Service):** A dedicated service station where girls write meaningful letters of encouragement to local elderly community members.

Afternoon Rotation Stations (3:00PM -6:00PM)

1. **Station 1 — Wall Climb:** Challenge girls to reach new heights on the climbing wall while building a supportive, highly energetic cheering culture on the ground.
 2. **Station 2 — Iron Rod Walk:** A sacred and reflective personal experience where girls navigate a wooded trail and take time to ponder.
 3. **Station 3 — Gaga Pits:** High-speed, fast-cycling elimination games using side-by-side pits.
 4. **Station 4 — Volleyball:** Focused on maximum participation, team sportsmanship, and physical movement on an outdoor sand court,
 5. **Station 5 — Disc Golf:** A challenging and fun frisbee game.
 6. **Station 6 — Tomahawk Throw:** Target sport in a controlled environment where instructors coach proper stance, grip, and throwing technique.
- **CRAFTS:** Friendship bracelets, rock painting, Bedazzling, Hair tinsel, Fairy Gardens, other exciting crafts will be available during Free Time and afternoon rotations.

CAMP SCHEDULE

TUESDAY — JULY 14

- **12:30PM:** Meet @ Ward Buildings

- **1:00PM:** Depart
- **2:00PM:** Arrive and Setup Camp
- **3:30 PM:** Camp Orientation
- **4:00 PM:** Ward Time
- **6:00 PM:** Dinner Shifts
- **7:30 PM:** Evening Devotional
- **8:00 PM:** Music Night & Camp Songs
- **9:00PM:** Ward Wrap-Up
- **10:00 PM:** Quiet Time

WEDNESDAY — JULY 15

- **8:00 AM:** Breakfast Shifts
- **9:00 AM:** Morning Devotional
- **9:30 AM: Morning Rotations**
- **12:30 PM:** Lunch Shifts
- **1:30 PM:** Free Time
- **3:00 PM: Afternoon Rotations**
- **6:00 PM:** Dinner Shifts
- **7:30 PM:** Evening Devotional
- **8:00 PM:** Camp Variety Show
- **9:00 PM:** Ward Wrap-Up
- **10:00 PM:** Quiet Time

THURSDAY — JULY 16

- **8:00 AM:** Breakfast Shifts
- **9:00 AM:** Morning Devotional
- **9:30 AM: Morning Rotations**
- **12:30 PM:** Lunch Shifts
- **1:30 PM:** Free Time
- **3:00 PM: Afternoon Rotations**
- **6:00 PM:** Dinner Shifts
- **7:30 PM:** Intro to Faith Walk
- **7:45PM:** “Covenant Path” Faith Walk with Spiritual Activity
- **8:45 PM:** Ward Testimonies and Wrap-Up
- **10:00 PM:** Quiet Time

FRIDAY — JULY 17

- **8:00 AM -** Grab n’ Go Breakfast and Pack Up/Clean Up
- **10:00 AM:** Checkout and Departure
- **11:00 PM:** Arrival at Stake Center

NOTE: A more detailed schedule including individual ward rotations and activity locations will be provided at camp

CAMP MENU

Day	Meal	Menu Items
TUESDAY July 14	Dinner	<ul style="list-style-type: none"> • Pasta • Alfredo and Mariara Sauce • Chicken • Green Salad • Breadsticks
WEDNESDAY July 15	Breakfast	<ul style="list-style-type: none"> • Pancakes • Protein (bacon/sausage) • Scrambled Eggs • Fruit • Hot Cocoa
	Lunch	<ul style="list-style-type: none"> • Cold Sandwiches • Chips • Watermelon
	Dinner	<ul style="list-style-type: none"> • Hamburgers & Hot Dogs • Baked Beans • Corn on the Cob • Fruit
THURSDAY July 16	Breakfast	<ul style="list-style-type: none"> • Breakfast Burritos • Protein (bacon/sausage) • Hash Browns • Fruit • Hot Cocoa
	Lunch	<ul style="list-style-type: none"> • Costa Vida Pulled Pork Salad or Burrito • All the fixins' • Rice & Beans • Grapes
	Dinner	<ul style="list-style-type: none"> • Dutch Oven BBQ Chicken • Potatoes • Rolls • Cobbler & Ice Cream
FRIDAY July 17	Breakfast	<ul style="list-style-type: none"> • Individual Yogurt Parfaits • Bagels & Muffins • Fruit